

LA031484.E



Distinctions **Barber Carver** with Cranberry and Sage Stuffing BONELESS BREASTS OF CHICKEN WITH RIB MEAT



INGREDIENTS: Chicken Breasts with Rib Meat (Containing Up to 15% of a Solution of Water, Salt, Sodium Phosphate, Roast Chicken, Carrageenan, Sugar, Onion Powder and Flavorings), Water, Sugar, Dried Cranberries (Cranberries, Sugar, Sunflower Oil), Bleached Wheat Flour, Contains less than 2% of the following: Margarine (Soybean Oil, Partially Hydrogenated Soybean Oil, Water, Salt, Mono and Diglycerides, Lecithin [Soybean], Sodium Benzoate [Preservative], Citric Acid, Artificial Butter Flavoring, Beta Carotene [Color], Vitamin A Palmitate Added), Onions, Whole Wheat Flour, Celery, Apples (Salt, Erythorbic Acid, Citric Acid, Calcium Chloride), Salt, Spices, Partially Hydrogenated Soybean Oil and Cottonseed Oil, Natural Flavorings, Yeast, Roast Chicken, Dehydrated Parsley. Encased in Edible Collagen Casing. **Contains: Wheat, Milk and Soybean**

COOKING INSTRUCTIONS:

Cook from frozen in preheated oven. Brush or Spray Carver with vegetable oil.
After cooking, remove netting and let rest 15 minutes or longer before slicing.
Cook times are for 4 Carvers. Cooking more than 4 Carvers at once may require more cooking time.
Convection Oven: Bake 1 Hour 15 Mins. at 325° F.
Conventional Oven: Bake 1 Hour 28 Mins. at 355° F.
*Due to variations in ovens, cooking times may vary.



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Prepared By: Barber Foods, Portland, Maine 04112 800-341-0451 • 207-482-5500

Nutrition Facts

Serving Size One Piece (112g/4oz)
Servings Per Container 40

Amount Per Serving	
Calories 150	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 460mg	19%
Total Carbohydrate 14g	5%
Dietary Fiber less than 1g	3%
Sugars 7g	
Protein 17g	
Vitamin A 0%	Vitamin C 2%
Calcium 2%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

**FOR FOOD SAFETY, COOK
TO A MINIMUM INTERNAL
TEMPERATURE OF 165°F
MEASURED BY A MEAT
THERMOMETER
UNCOOKED
KEEP FROZEN**

CODE 031484

NET WT. 10 LBS

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19+3/4

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